



Otero County Community Health Council Resource Directory for Otero County



The Resource Directory is a constant work-in-progress and relies on your input to provide current information. If you are aware of any entries that are missing, incorrect or outdated, please assist us by sending an email with the correct information to: oterohealth@tularosa.net.

Thank you for your assistance in making this a valuable resource for the residents of Otero County.

TABLE OF CONTENTS

SUBJECT	PAGE
I. GENERAL HEALTH SERVICES	2
II. HEALTH CARE PROFESSIONALS	12
III. MENTAL HEALTH SERVICES	15
IV. PERINATAL SERVICES (MOTHERS AND INFANTS PRE-BIRTH TO 2 YEARS OF AGE)	20
V. CHILD CARE & DEVELOPMENT CENTERS	23
VI. YOUTH SERVICES	26
VII. ADULT LIFE CYCLE SERVICES	31
VIII. WELLNESS & FITNESS SERVICES	38
IX. FOOD & CLOTHING SERVICES	39
X. SUPPORT GROUPS	41
XI. TRANSPORTATION	48
XII. ALCOHOL AND SUBSTANCE ABUSE SERVICES	49

Funding for printing this Resource Directory was provided by the Behavioral Health Local Collaborative 12.

**Otero County Community Health Council
Resource Directory for Otero County**

I. General Health Services

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Alamogordo Clinic & V.A. Outpatient Clinic 1410 Aspen Drive	Aday, Brent, MD Phone: 437-7000	18 years of age and over	Internal Medicine	General medicine, x-ray, lab, bone density scans Mon-Fri: 8-12/1-5	Medicare, Medicaid, and most insurances
Alamogordo Ear, Nose, & Throat 1401 10 th Street, Suite C	Frost, Timothy, MD, FACS Frost, Kelly, AU.D. Calendar, Abbye, AU.D. Phone: 437-4533	Youth & adult	ENT/Restorative Plastic Surgery	Allergy desensitization therapy, audio logic evaluation, hearing aid dispensing. By appointment only Mon-Fri: 8-12/1-4:30	Medicare, Medicaid, and most insurances
Alamogordo Eye Clinic, Inc. 1124 E. 10 th Street www.alamogordoeye.com	Hall, J. Roger, MD Ham, Donald, MD Bohart, William, MD Phone: 434-1200 Toll Free: 800-323-4764	Youth & adult	Ophthalmology	Ambulatory, surgical center, cataract surgery, laser vision correction, normal exams, glaucoma, diabetic eye exam & treatment, etc. Mon-Fri: 8-4:30	Medicare, Tricare (with authorization), Medicaid (for medical reasons only), all other insurances call first
Alamogordo Family Practice 1909 Cuba Ave., Suite 4	Jones, John, MD Phone: 443-6262	Youth & adult	Family Practice	Medical services Mon: 9-12/1-3:30 Tues-Fri: 9-12/1-5	Medicare, Medicaid, and most insurances

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
<p>Alamogordo Home Care/Hospice</p> <p>1859 Indian Wells Road</p> <p>www.alamogordohomecareandhospice.com</p>	<p>Phone: 437-3500 Toll Free: 800-617-3555</p>	<p>Youth & adult</p>	<p>Home care</p>	<p>Nursing, physical, speech & occupational therapy, home health aide, medical social services, homemaker program.</p>	<p>Medicare, Medicaid, Tricare/Champus, workmen's comp, most insurances, or private pay</p>
<p>Alamogordo Imaging Center (Managed by XRAM)</p> <p>2539 Medical Center Drive, Suite 101</p> <p>www.xranm.com</p>	<p>Winterkorn, Keith, MD</p> <p>Phone: 434-1353</p>	<p>Youth & adult</p>	<p>Board certified radiologists with expertise in neuroradiology, musculoskeletal, and mammography.</p>	<p>Services offered include: MRI, CT scans, mammography, ultrasound, vascular ultrasound</p> <p>Mon-Fri: 8-5</p>	<p>Medicare, Medicaid, Tricare, BC/BS, United Healthcare, Lovelace, Presbyterian, and many others.</p> <p>50% discount for self-pay patients.</p>
<p>Alamogordo Internal Medicine, PC</p> <p>1212 9th Street, Suite C</p>	<p>Anireddy, Gary, MD Hanumandla, Sara, MD</p> <p>Phone: 434-2965</p>	<p>13 years of age and over</p>	<p>Internal Medicine/Family Practice</p>	<p>Women's health care, bone density, comprehensive adult health care, echocardiogram, nerve conduction studies, H. Pylori, and more.</p> <p>Mon-Fri: 8-5</p>	<p>All insurances accepted</p>
<p>Alamogordo Orthopaedics, Sports Medicine & Podiatry</p> <p>2301 Indian Wells, Suite A</p> <p>159 Mescalero Trail, Ste 4</p> <p>www.newmexicoorthopedics.net</p>	<p>Anderson, John, DPM Dodson, Douglas, DO Freeh, Eric, DO Rickman, Allan, MD</p> <p>Phone: 434-0639</p> <p>Phone: 257-7632</p>	<p>Youth and adult</p>	<p>Orthopedic Surgery, Sports Medicine and Podiatry</p>	<p>Diagnosis, treatment, rehabilitation and prevention of injuries & diseases of the musculoskeletal system.</p> <p>Mon-Fri: 8-5</p>	<p>Call for insurance information</p>

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Alamogordo Pediatric Associates 2559 Medical Drive, Ste. A	Starr, Larry, MD Starr, Nancy, MD Phone: 434-1500	Children 15 years of age or younger	Pediatrics	Pediatric services, well child care, ADHD diagnosis & treatment M, T, Th: 8-12/1-5 Wed: 8-12 Fri: 8-12/1-3:30	Medicaid, most insurances, & private pay
Alamogordo Surgical Associates 1100 E. 10 th Street	Pollard, William, MD Richardson, Gregory, MD Phone: 437-2244	Youth & adult	General surgery	General surgery Mon-Fri: 8-12/1-5	Medicare, Medicaid, most insurances, and private pay
Alamogordo Urgent Care 1310 Washington	McPherson, Douglas, MD Phone: 551-5111	Youth & adult	Family Practice and urgent care	Mon-Fri: 8-6	Medicare, Medicaid, Tricare Prime & most other insurances
Alamogordo Urology 2539 Medical Drive Complex A, Suite 103	Smaltz, Robert, MD Phone: 437-4909	Youth & adult	Urology	Diagnosis and treatment of problems involving the urinary tract Mon/Wed/Thu: 8-12/ 1-4 Tue & Fri: 9-12/1-3	Medicare, Medicaid, most other insurances, and private pay
American Medical Response 2423 Lawrence Blvd.	Phone: 437-3699	Residents of Otero County	Ambulance service	Emergency medical calls, 911 service, inter-facility transfers, Community education programs	
Back In Action Therapy 1011A E. 10 th Street,	Hoyt, Dan, PT Phone: 439-9878	Youth & adult	Physical, occupational & speech therapy	Full rehabilitation programs, post injury fitness training, physical, occupational & speech therapy. Mon-Fri: 8-5	Medicare, Salud, BC/BS, Presbyterian, Lovelace, workmen's compensation, and Tricare.

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Back In Line Family Chiropractic 1301 Oregon Avenue	Patrick, Doug, DC Phone: 437-0667	Youth & adult	Family health, healthy lifestyle choices, and health & wellness strategies	Family chiropractic care, DOT and sport physicals, & lifestyle coaching. Tue, Wed, Fri: 8-12/2-5 Thu: 2-5	Medicare, BC/BS, and self-pay
Ben Archer Health Center 2150 Hwy 54 South www.bahcnm.org	Cornelius, Ilana, CNP Deroy, Jennifer, CNP Phone: 443-8133	Local residents	Medical services	Primary health care, eligibility determination for assistance programs, health education, pregnancy and early childhood education, on-site Medicaid assistance Mon, Wed, Fri: 8-5 Tue & Thu: 8-7	U.S. Dept. of Health & Human Services, State of NM: DOH, CYFD, BCC, Diabetes, Tobacco
	Puckett, Ray, DDS Phone: 443-8133		Dental care	Dental care Mon-Fri: 8-5	
Casa Esperanza www.casaesperanza.org	Phone: 505-277-9880		Temporary housing	Temporary housing while person receives hospital treatment in Albuquerque.	
Center for Women's Health & Specialty Services 2559 Medical Drive, Ste D www.gcrmc.org	Danner, Kara, MD Banerji, Amanda, DO Lindley, Norman, MD Phone: 434-2229	Women 16 years of age and over	OB/GYN	Obstetrics, gynecology, birth control, cyroablation and endocyroablation, female surgery, ultrasonography, 3-D and gender ultrasound Mon-Fri: 8-12/1-5	Medicare, Medicaid, and most insurances

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
<p>Champion Medical Group</p> <p>1501 10th Street</p>	<p>Andrew Lancaster, M.D.</p> <p>Phone: 575-446-5900 Fax: 575-446-5939</p>	Youth & adults	Family practice	Family practice physician. Also sports physicals.	
<p>Department of Health/Health Promotions</p> <p>1207 E. 8th Street</p>	<p>Phone: 437-9340, Ext. 2</p>	County residents	Health Education	Public health policy development, coalition building, training, and mobilization.	
<p>Eye & Lens Center</p> <p>903 N. New York Avenue</p>	<p>Marquardt, Terry, OD</p> <p>Phone: 437-7783</p>	Youth & adults	Optometry	<p>Vision exams and treatment, specialized visual care, eye health exams & treatment, eye glasses & contact lenses.</p> <p>Mon-Thu: 8:30-5:30 Fri: 8:30-12</p>	Most insurances accepted
<p>Family Foot Health Specialists</p> <p>1601 10th Street</p> <p>www.nmpodiatry.com</p>	<p>Vander Wit, Darlo, DPM</p> <p>Phone: 437-6812</p>	Youth and adult	Specializing in surgical and medical treatment of the foot and ankle	<p>State-of-the-Art outpatient surgery, heel spur surgery, laser surgery, ingrown nails, hammertoes & calluses, bunions & corns, arch & heel pain/spurs, videoscopic and OssaTron surgery (non surgical treatment for heel spurs), special care for diabetic feet. Most problems can be corrected in our office.</p> <p>Mon-Fri: 10-12/1-5</p>	<p>We accept Medicare patients, Tricare, and most insurance plans.</p> <p>We participate in White Sands Community Health Plan.</p>

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Gallien Therapy Services 1809 Indian Wells	Gallien, Ron, PT, OCS Gallien, Pam, MS, CCC- SLP Phone: 437-1967	Youth and adult	Physical, Occupational and Speech therapy	Specializing in physical, speech and occupational therapies. We have the most comprehensive dysphagia program and the only practicing orthopedic physical therapy specialist in Otero County. We also offer Vital Stim therapy. Mon-Fri: 8-12/1-5	Most insurances accepted
Gerald Champion Regional Medical Center 2669 N. Scenic Drive	Phone: 439-6100	County residents	Medical services and education	Primary medical care for all ages, and educational programs on a variety of health related topics, including perinatal issues, Diabetes, etc.	
HIV and STD Testing	Otero Public Health Office 1207 E. 8 th Street, Alamogordo 575.437.9340			Mon-Fri: 8:30am – 5pm (closed for lunch 12-1pm)	
High Desert Holistic Health Care & Pain Management Clinic, Inc. 911 Tenth Street	Paluszek-Pirc, Mary, DN, MPH Phone: 437-3270	Youth & adult	Naprapathic Physician, (manual and herbal medicine and botanicals)	Specializing in connective tissue & musculoskeletal disorders; Sciatica, sports injuries, neck & back pain, arthritis, fibromyalgia. Mon, Tue, Wed, Fri: 10-4 Thu: 10-6	Workmen's comp, Cigna, Tricare, BC/BS, Loveless, Presbyterian, and private pay

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
<p>Indian Wells Family Practice</p> <p>2474 Indian Wells Road</p>	<p>Banikarim, Kay, MD Moezzi, Dan, MD</p> <p>Phone: 443-0339</p>	Youth & adult	Health care for the whole family	<p>Routine physicals for all ages, well child checks, preventive medicine, acne, minor office surgery, immunizations, women's health care, and cosmetic laser surgery</p> <p>Mon-Thu: 8-4 Fri: 10-4</p>	Most insurances accepted
<p>Internal Medical Specialists of Alamogordo</p> <p>2559 Medical Drive, Suite C</p>	<p>Abood, Ferial, MD</p> <p>Phone: 439-8220</p>	18 years of age and over	Internal Medicine	Mon-Thu: 8-5	Medicare and most insurances
<p>Journey To Wellness Family Practice</p> <p>1401 E. 10th Street, Suite 1</p>	<p>Paylor, Shauna, MD</p> <p>Phone: 434-5195</p>	Youth & adult	Family Medicine	<p>Medical care for the entire family</p> <p>Mon-Thu: 8-5</p>	Medicare, Medicaid & most other insurances
<p>Life Force Energies</p> <p>1120 New York Ave, Suite B</p> <p>www.quantumbiofeedbacknyc.com/features</p>	<p>Kelly, Gail, CBT, CBS</p> <p>Phone: 491-6549</p>	General Public	<p>Scientifically proven to help reduce stress and hypertension that may be related to illness, injury or emotional trauma.</p>	<p>Biofeedback can result in an overall improved sense of well-being, greater mental clarity, pain reduction, and improved physical performance. Sessions are non-invasive, using signals from the body to provide computer information about the state of the energy and stress(es) most prevalent in the body at the time.</p> <p>Call for appointment.</p>	<p>State and private pay</p> <p>(1.5 hr session: 60.⁰⁰)</p>

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
<p>Mitchell Chiropractic Life Center</p> <p>901 Puerto Rico Avenue</p>	<p>Mitchell, Donald, DC, BS Mitchell, Elizabeth, DC Blevins, Aubrey, DC</p> <p>Phone: 437-0350</p>	<p>Youth & adults</p>	<p>Family chiropractic</p>	<p>Palmer Technique, on-the-job injuries, family practice, auto accidents, massage therapy</p> <p>Mon-Wed-Fri: 9-12/ 1-5 Tue: 9-12/1-6 Thu: 9-12 Sat: 8-10</p>	<p>Most insurances accepted (call for information)</p>
<p>Mountain Back Care Center</p> <p>62 Curlew Place Cloudcroft, NM 88317</p>	<p>Rasch, Bradley, DC</p> <p>Phone: 682-2283</p>	<p>Family care for Otero County residents & tourists</p>	<p>Chiropractic care</p>	<p>Back, spine injuries, personal injuries, workers compensation, athletic injuries</p> <p>Mon-Tue-Wed-Fri: 9-12/ 3-5 Saturday mornings by appt only</p>	<p>Medicare and most insurances</p>
<p>Natural Health Care Complex, The</p> <p>101 Reese Drive Ruidoso, NM 88345</p> <p>www.ruidoso.net/relocation/medical.html</p>	<p>LaRosa, Janet, DOM</p> <p>Phone: 630-3739</p>	<p>Youth & adult</p>	<p>Health restoration</p>	<p>Health maintenance & optimization using a wide array of modern & ancient natural therapies including: herb and vitamin supplementation, acupuncture, homeopathy, and more.</p> <p>Call for appointment</p>	<p>Contracted provider with BC/BS & Presbyterian, but will file for all insurances</p>
<p>New Mexico Brain Institute</p> <p>108 Cottonwood</p>	<p>Simmons, John, MD Hobson, Christine, CNP</p> <p>Phone: 434-0901</p>	<p>17 years of age and over</p>	<p>Neurology</p>	<p>Seizures, NCS/EMGs, Alzheimer's, Spasticity Clinic, Botox, Movement Disorders Clinic/Parkinson's Disease, Headache/Migraine Clinic.</p> <p>Mon-Fri: 8:30-4:30</p>	<p>Most insurances accepted</p>

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
New Mexico Medbank www.nmaging.state.nm.us	NM Aging and LTS Dept. Prescription Drug Programs 2550 Cerrillos Road Santa Fe, NM 87505 505.476.4846 1.800.432.2080	Those who can't afford their prescription medications	Prescription drugs	Assist people of any age who live in NM and do not have prescription drug coverage, or have used up their benefit.	Medicine obtained through NM Medbank is either free or, occasionally, a small co-pay depending in the drug company
Otero Community Cancer Center 2559 Medical Drive, Suite G	Hadzic, Ejub, MD Korec, Stefan, MD Contact: Tracy Gonzales Phone: 437-8126	16 years and over	Hematology/Oncology	Radiation Oncology Medical Oncology & Hematology Mon-Thu: 8:30-12/1-4:30 Fri : 8:30-12	Most insurances accepted
Pregnancy testing	Otero Public Health Office 1207 E. 8 th Street, Alamogordo 575.437.9340			Mon-Fri: 8:30am – 5pm (closed for lunch 12-1pm)	
Quantum Biofeedback 1120 New York Ave, Suite B www.quantumbiofeedbacknyc.com/features	Greenwald, Dawn, MA, CH, CBT Phone: 430-7522	All ages and conditions, excluding those who have pacemakers or are pregnant	Quantum Biofeedback has been scientifically proven to reduce stress that may be related to illness, injury or emotional trauma.	Stress and pain management, brain wave training, muscle reeducation, and relaxation training, Identification of social, physiological, environmental and mental stressors that may be involved with: allergens, pain of any kind, infections, diseases or disorders, medical conditions, weight issues, nutritional deficiencies, and unresolved emotional issues. Call for appointment.	Private pay, but we also provide 90901-coded letters for insurance coverage.

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Sacramento Mt. Med. Center (Presbyterian Medical Services) 74 James Canyon Hwy Cloudcroft, NM 88317 www.pms-inc.org	Montoya, Sylvia, MD Phone: 682-2542	County residents	Medical services and education	Primary medical care for all ages, educational programs. Mon-Fri: 8-12/1-5	Anyone, with or without insurance
Southwest Spine 2539 Medical Drive Complex A, Suite 110	Bryant, Frank, MD Schlicht, Christian, DO Phone: 434-1400 Phone: 437-0159	Youth & adult	Orthopedic Surgery	Pain management Mon-Thu: 8-4:30 Fri: 8-2	Medicare and most insurances accepted (no Molina or Tricare)
Tularosa Basin Dermatology 1212 9 th Street, Suite A	Toncray, Jennifer, DO, DER Phone: 437-6700	Youth and adult	Dermatology	Diagnosis and treatment of disorders of the skin such as: acne, psoriasis, warts, moles, allergic reactions, and others. Mon: 8-1 Tue, Wed, Thu: 8-1/ 2-5	BC/BS & Cigna (all others call first)
Tularosa Medical Center (Presbyterian Medical Services) 111 Central Avenue Tularosa, NM 88352	George, Christiane, DO Phone: 585-1250	County residents	Family Practice	Primary medical care for all ages, educational programs. Mon-Fri: 8-12:30/1:30-5	All insurances accepted
Uma's Deep Massage	1211 E. 10 th St., Ste. 8 Alamogordo, NM 88310 575.430.2330			Very deep therapeutic massage to light deep relaxation massage; reiki; rebirthing	

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
White Mountain Chiropractic & Neurology 500 Mechem Drive, Ste C Ruidoso, NM 88345	Klinekole, Bruce, DC, DACNB Phone: 257-7970	Youth & adults	Chiropractic and Neurology	Diagnosis and treatment Mon-Tue-Wed-Fri: 8-12/ 2-5:30 Thu: 8-12	Medicare and most other insurances
White Sands Family Practice Clinic 2010 Pecan Drive www.wsfpc.com	Heredia, Gilberto, MD Walcher, Joseph, MD Boehm, William, MD Raschbaum, Leo, MD Leister, Christine, PA Phone: 434-9737	Youth & adults	Immediate Care	Primary medical care for all ages. Routine and employment physicals, well child checks, immunizations, workmen's comp, minor surgery, etc. Walk-in clinic: M-F: 8am to 8 pm Sat: 10 am to 3 pm Sun: 12 pm to 5 pm	Medicare, Medicaid, Tricare and most insurances
Women's Specialty Services 2050 N. Scenic Drive	Sampath, Ruthven, MD Phone: 443-2999	Women 15 years of age and over	OB/GYN	Women's health care including: obstetrics, gynecology, general infertility treatment, preventive care, menopause, surgery, tubal ligation. Mon-Thu: 9-12/1-5 Fri: 9-12/1-3	Medicare, Medicaid, & most insurances

II. Health Care Professionals

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Alqassem, Nasser, MD	1101 9 th Street, Suite A Phone: 437-8411	All ages	Internal Medicine	Mon-Fri: 8-12 & 1-5	No Tricare, Salud, or Molina

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Bankston, Chandi, DO	1315 12 th Street Phone: 437-5716	All ages	Family Practice	Health care for the entire family: Mon–Thu: 9–12 & 1–5 Fri: 9-12	Medicare, Medicaid, & most insurances
Fellers, Neal, MD	2559 Medical Drive, Suite C Phone: 443-0323	18 years of age and over	Pulmonologist	Pulmonary medicine & critical care Mon-Thu: 8-5	Medicare, Medicaid, & most insurances
Galligan, Michael, MD	2669 N. Scenic Drive Phone: 443-7600	(not applicable)	Hospital based pathology services	Biopsies, labs, cytology, etc.	(not applicable)
Jun, Sungho, MD	2559 Medical Drive, Suite B Phone: 437-8828	5 years of age and over	Family Practice	Primary health care, minor surgery, maintenance therapy Mon-Fri: 8-12/1-5	Medicare, Medicaid, & most insurances
Klump, John, DDS MS, PC	700 Cuba Avenue Phone: 434-4957	Youth & adult	Orthodontic treatment	Dental services Mon/Wed/Thu: 8-12/ 1-5	Most insurances accepted
Massoud, George, MD, FACC	2559 Medical Drive, Suite F Phone: 434-3225	18 years of age and over	Cardiology	Board certified cardiologist Mon-Thu: 12-5	Medicare, Medicaid, Tricare & most other insurances
Mishkin, Michael, MD	1315 12 th Street Phone: 437-5716	Youth & adult	Endocrinology (Glands)	Treatment of disorders of the endocrine system. By appointment only Mon-Thu: 8:30-12:30/1:30-5 Fri: 9-12	Medicare, Medicaid & most insurances

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Paul, Allan, MD	2559 Medical Drive, Suite E Phone: 437-5595	Newborn to 17 years of age	Pediatrician	Children's health care, well child checks, immunizations, routine and sports physicals Mon-Tue-Wed-Fri: 8-12/ 1-5 Thu: 8-12	Medicaid, BC/BS, Lovelace, Cigna, and Presbyterian
Singh, Jagdev, MD	1909 Cuba Avenue Phone: 437-1900	Youth & adult	Family Practice	Specializing in allergies and diabetes Mon & Thu:8-4 Tue-Wed-Fri: 8-12	Medicare and most insurances
Snyder, Joseph, DDS, PC	2832 Indian Wells Road Phone: 439-0446	All ages and backgrounds	Dental services	Dental treatment & prevention to maintain health of the mouth. Mon-Thu: 8-5	Most insurances
Warren, Anthony, DDS, PC	780 Scenic Drive Phone: 439-0523	Youth & adult	Family dental services	Sedation dentistry, cosmetic dentistry, oral surgery Mon-Thu: 8-12/1-5	Most insurances
White, Robert, DDS, PC & Benrmann, Logan, DMD	2808 Indian Wells Road Phone: 437-4903	Youth & adult	Dental services	Family practice of dentistry	Delta & Concordia
Yang, Michelle, MD	923 9 th Street, Suite B Phone: 437-9900	Youth and adult	Ophthalmology	Medical & surgical care of the eye. Mon-Fri: 8-12/1:30-5	Medicare, Medicaid, & most health insurances.

III. Mental Health Services

Otero County has 11 Counseling/Mental Health Facilities (2003 DOH/PH Otero County Health Profile) and is also served by facilities in surrounding cities, including El Paso, Las Cruces, and Ruidoso.

The Alamogordo Daily News frequently publishes a list of on-going support groups covering a variety of topics.

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Agolia, Mary Ellen, Ph.D.	PO Box 351 High Rolls, NM 88325 Phone: 682-6027	Adults, children, and adolescents	Individual, family, & group counseling	Mental health counseling	Medicare, Medicaid, EAP, other insurance and private pay
Alamogordo Marriage Enrichment Network & Healthy Marriages www.healthymarriagesnm.org	Biricocchi, Ryan Phone: 442-2548	All couples (dating, engaged, married)	Offering free education and related services that nurture the climate for healthy relation- ships among couples.	Educational services include: Introductory – presentations and workshops Advanced – couple-to-couple mentoring or couple support groups Call for more information	Federal funding
Alamogordo Mental Health Services	1208 N. New York Avenue Phone: 437-8865	Youth & adults	Mental health counseling	Adult, child & family therapy. Marriage counseling, psychological evaluation., stress management, and all other mental health concerns	All insurances accepted
Bethel Baptist Counseling	1316 Scenic Drive Phone: 437-7311 chuck@bethelnm.org	Families, individuals, couples	Mental health counseling	Therapy for all issues except substance abuse Mon-Thurs: 10am – 6pm	\$80 – insurance, check or cash
Better Balance Counseling	1408 8 th Street, Suite A3 Phone: 437-4200 betterbalance@qwestoffice.net	At-risk children, families and adults	Mental health	Mental health addiction treatment, marriage & family counseling, ADHD, and other MH services Mon-Fri: 7-7, by appointment only	Will bill your insurance, if available, or use a sliding fee scale..

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Canyon Light, Inc.	1601 E. Tenth St., Ste. C Phone: 575.437.2453 Baldonado, John, LADAC Viscarra, Paige	18 years of age and over	Counseling, treatment & education	Substance abuse and alcohol and drug specific prevention/education sessions. 12 hours. Mon-Sat: 8am – 8pm	Access to recovery funds, sliding fee, payment plans, and some insurances
Center of Protective Environment, Inc. (C.O.P.E.)	909 S. Florida Avenue Phone: 575.434.3622 cope@netmdc.com	Victims of domestic violence or children who witness domestic violence	Outreach and education services	Full range of services including crisis intervention, shelter, advocacy, support, outreach, education and counseling	N/A
CHINS (Children In Need of Services)	501 24 th Street Phone: 575-434-3011	County residents	Counseling	Services to at risk youth and families Mental health services by appt.	Sliding scale or other funding
Cotton, Mary Ann, Ph.D Licensed psychologist	575.439.1550 Fax: 575.439.1552			Counseling	
Counseling Center, The	1900 E. 10 th Street Phone: 575.437.7407 or 575.430.3660 206 Sudderth Drive Ruidoso, NM 88345 Phone: 257-5038 Crisis Line: 800-634-3666	County residents	Counseling	Behavioral health services, substance abuse counseling, sexual assault counseling, and services for severely mentally ill adults. Mon-Fri: 8-5 After hours/weekend crisis services	Private pay; commercial insurance; Tricare; Medicaid; Medicare (financial assistance is available for those who qualify)
Crisis Assistance Listening Line (CALL)	866.314.6841 575.646.2255		Anyone in crisis	Free, confidential and compassionate service to anyone in need of emotional support, crisis intervention and referrals	NMDOH, NMSU and NMSU's Wellness Alcohol and Violence Education Program

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Heritage Program for Senior Adults (Lincoln County Medical Center) 101 Raines Road Ruidoso, NM 88345	Twila Pickrell Phone: 575-257-0491	Geriatrics	Mental Health	Intensive outpatient program to address mental health issues in the elderly. Treatment includes: medication management, case management & psychotherapy. We also provide transportation to and from the program.	Medicare and private insurance
Hollister, Patty, M.A. http://www.pattyhollister.com	Phone: 575-437-8865	Individuals and couples	Specializes in relationship issues		
Kids, Inc. A Safehouse for Kids	1212 Vermont Avenue Phone: 437-8689	Children 2 to 17 years of age; family	Victims of child physical and/or sexual abuse	Forensic interviews, victim advocacy, personal advocacy to family, crisis intervention, follow-up, information & referral service.	Grants and donations
LaRocque Counseling Associates, LLC	1213 Michigan Avenue LaRoque, Robin, LPCC Fowler, Peggy, LMHC Phone: 575.437-8181 rocknrobin@beyondbb.com	Youth, adults, families & couples	Counseling and education	EMDR provider, mental health, substance abuse, anxiety, sleep disorders, anger management, co-occurring disorders. Classes & workshops available. Mon-Fri: 8am – 3pm Sat and evenings available	Private pay (sliding scale fee available), most insurances, employee assistant provider, Military OneSource
Marsha R. Griffin, MS, LPCC	916 N. White Sands Phone: 439-8288	Youth, adults & families	Mental health counseling, PTSD, trauma	Behavioral health services, EMDR treatment By appointment only.	Medicaid & most insurances
Mental Health Clinic Holloman AFB	49 MDOS/SGOH 200 First St., Bldg. 17, HAFB Phone: 575-572-5676	Active duty and families	Behavioral health, family advocacy, alcohol and drug abuse prevention and treatment	Behavioral health and ADAPT currently available to Active Duty; Family Advocacy Services are available to both active duty and their families. Mon – Fri: 7:30am – 4:30pm	None for approved beneficiaries

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Mescalero Prevention Program	590 Eagle Drive Mescalero, NM 88340 Phone: 464-4510	Native Americans	Counseling and education	Substance abuse counseling and education	
Mescalero Tribal Human Services Alcohol/Drug Addictions Treatment Center	107 Sunset Loop Mescalero, NM 88340 Phone: 464-4338/4339	Native Americans	Native Americans in need of treatment	Substance abuse evaluation/ assessments, aftercare substance abuse treatment, outpatient family therapy. Childcare services are available for clients enrolled in one of the above programs. Residential and outpatient treatment programs for adults and families, adolescent outpatient treatment program.	
Mesilla Valley Hospital	3571 Del Rey Blvd., Las Cruces Phone: 575.373.4477 Sandra.emmanuel@physolutions.com	Adolescents and adults	Adolescents and adults who are seeking treatment for behavioral health issues	Specialized adolescent and adult programs; individualized treatment plans, 24-hour nursing supervision; locked facility; dual diagnosis programs; 12-step programming with on-site AA/NA; Challenge by Choice Ropes Courses; on-site licensed school for adolescents.	Medicaid; most major insurances accepted
Military & Family Life Consultant Program Holloman AFB	850 First Street (Bldg. 40), HAFB Military Family Life Consultant: 575-551-1276 Airman and Family Readiness Center: 575-572-7754 Shirley.Bratton@Holloman.af.mil	Service members and their families	Non-medical counseling services	Short term, situational, problem-solving counseling services. Provides psycho-education to help military service members and their families understand the impact of stress, deployments, family reunions following deployments and the stresses of the military lifestyle.	N/A
Nava Counseling Services	1200 White Sands Blvd, Suite 110 Alamogordo, NM 88310 (575) 434-2713			Substance Abuse & Domestic Violence Provider	Insurance, State, Private Pay

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Otero County Council on Alcohol Abuse	850 Wright Avenue Phone: 575-437-8942	18 years of age and over	Substance abuse and MH counseling	Outpatient and residential services. Individual & group counseling for substance abuse, mental health and co-occurring issues. 8:00am - 5:00 pm	County funding & private pay
Peak Behavioral Health Services, LLC	5065 McNutt Santa Teresa, NM 88008 575.589.3000 Sonya.rue@psysolutions.com	Adolescents 12+ and adults	Psychiatric and substance abuse	Residential treatment services for adolescent male and female ages 12+; acute inpatient treatment for psychiatric and substance abuse for adolescent male and female ages 12+, adults 18+, and active duty military	Assessments are free; insurance billed for services. All commercial insurances, NM Medicaid, TX Medicaid,
Recovery Outreach	Phone: 575-443-9400		Drug and alcohol detection and testing; information and treatment; marriage, family, child counselors		
Sunrise House Southwest Regional Care Centers (SWRCC), LLC	Phone: 437-8908	Adults 18 years of age and over with histories of substance abuse and/or mental health issues.	Substance abuse	SWRCC is a substance abuse residential rehabilitation provider that includes 2 six bed and 1 sixteen bed specialized program facilities located on 17 acres.	
Team Builders Counseling Services, Inc.	905 10 th Street, Ste C Phone: 575-437-8964 Fax: 575-437-0203	Children & Families. We serve children up to age 21.	Children & families impacted by emotional or behavioral problems.	Psychiatric services, behavior management/respite, outpatient therapy, Treatment Foster Care, Comprehensive Community Support Services and home-based therapy services. Services are provided using the wraparound approach. Mon-Fri: 8am – 5pm; after hours by appt	Medicaid

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Tularosa Counseling Services	510 Central, Suite A, Tularosa, NM Donna Mohr, LPCC Phone: 430-1192	Youth & adults	Mental health	Counseling for: ADHD, anger management, eating disorders, substance abuse By appointment only.	Medicaid, Tricare, and most insurances
University Behavioral Health	1900 Denver Ave., El Paso, TX Phone: 915.544.4000 Toll free: 800.967.3411	Age 5 and continuing through senior adults	Behavioral health and chemical dependency services	Behavioral health and chemical dependency services beginning at age 5 and continuing through senior adults.	Maor insurances; private pay arrangements

Services Related to Health Council Life Cycles

IV. Perinatal Services (Mothers and infants pre-birth to 2 years of age)

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Children's Medical Services	Public Health Office Phone: 437-9899	Children from birth to 21 with chronic illnesses or medical conditions	Children, youth with special health care needs	Medical care and referrals for children with chronic illness or medical conditions	
CYFD/Protective Services	2200 Indian Wells Road Phone: 434-5950	At-Risk children, families and adults	Abuse/neglect and related issues	Information and referral; abuse/neglect investigations; abuse/neglect legal services; foster care and adoptions; family preservation services; voluntary family services; etc.	State agency

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Families First	404 Fresno Street Tularosa, NM 88352 Phone: 585-3019 148 Cottonwood Drive Mescalero, NM 88340 Phone: 464-0081 Ben Archer Health Center 2150 Hwy 54 South Phone: 443-8133	Prenatal & Pediatric	Medical services, education	Prenatal and pediatric case management, referral to health and social programs, and assisting clients to obtain Medicaid for themselves and their children 3 years of age or younger (MOSAA & PE). Office hours vary by location, call for information.	Department of Health
Fountaingate Children's Home www.FountaingateHome.org	Ed Hazlett, Director, House Parent	Youht	Provide a healthy, peaceful home environment for children	Licensed 24/7 residential care for children. House parents are foster care approved. Inspected by CYFD and NMCCCA yearly.	No fees/no state monites – operations based on donations only.
Graduation, Reality, And Dual Skills (GRADS) Housed at Academy del Sol Alternative High School	1200 N. Florida Avenue Phone: 439-3331	Pregnant or parenting teens	Keeping at risk teens in school and recruiting dropouts	Help at risk youth get the services – i.e. housing and ISD, counseling, job training, parenting education, pregnancy prevention (2 nd pregnancy), employability skills development, child care, and relationship violence	State and federal (Carl Perkins and TANF).
Justice for Johanna	P. O. Box 1141 Alamogordo, NM 88311 575.442.2018		How drugs and alcohol influence decision making, pre-marital sex and its consequences	Helping people recover from affects of a past abortion	
La Leche League	Phone: 443-0100 or 443-4408 (Elva)	Women of childbearing age	Education and advocacy	Breastfeeding education and counseling	

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Lamaze Classes (GCRMC)	2669 N. Scenic Drive Phone: 443-7640	Pregnant women	Education and advocacy	Prepared childbirth	
New Parent Support Program – HAFB	1022 W. 5 th Street, HAFB Bldg. 302 Phone: 572-7061	Active duty & family members	Support program	Services limited to families with children less than 36 months old. Education, parenting, psych-educational classes.	
Otero County Extension Service http://oteroextension.nmsu.edu	401 Fairgrounds Road Phone: 437-0231	County residents	Education	Educational information for all ages, including Baby’s First Wish Newsletter and parenting education, 4-H, nutrition, gardening, and commercial agriculture. Mon-Fri: 8-12/1-5	Federal, County, State, and various grants
Otero PATH www.oteropath.com	700 E. First Street Phone: 437-2460	Teens	Education	To work with the community to address a variety of health issues and concerns, thus improving the health status of Otero County residents.	Department of Health, Con Alma, Paso del Norte, Board of Health
Pregnancy Help Center: Building Blocks Program www.livaltnm.org	1222 N. White Sands Blvd. Phone: 575-434-5525	Pregnant teens, teen moms and dads, single women	Services and education	Pregnancy tests, ultrasounds, helping parents with abstinence information and parenting skills, helping couples develop wholesome parenting skills, Building Blocks Program: to help young women & men prepare for parenting and other issues that relate to pregnancy, 24/7 Dads Group: help young men prepare for fatherhood Call for office hours	Private donations

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
WIC www.health.state.nm.us/phd/wicsite	1207 E. 8 th Street Phone: 437-9340, ext 110	Pregnant, breastfeeding, or postpartum women	Supplemental food program, nutrition and breastfeeding education, referrals to health and social programs.	Mon – Fri: 8 am to 5 pm	Federal grants
	404 Fresno Phone: 585-2163			Mon, Tue & Thu: 8 am to 5 pm	
	Old Mescalero H.S. Phone: 464-0932			Wed & Fri: 9 am to 4 pm	
Zia Therapy Center www.ziatherapy.org	900 First Street Phone: 439-4900	Parents	Education	Intervention services for children 0-36 months with or at risk for developmental delays.	DOH/Medicaid

V. Child Care & Development Centers

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Bethel Baptist Tots Preschool	1316 Scenic Drive Phone: 437-5239	Children 18 months to 4 years of age	Christian preschool programs	Loving Christian environment that prepares your child for school. Mon–Thu: 9-2:30	Private
Children’s House CDC	2598 Medical Drive Phone: 434-3218	Children 6 weeks to 5 years of age	Elementary education/ Childcare needs	Childcare and elementary education Mon–Fri: 6-7	CYFD accepted
Children’s World	2103 1 st Street Phone: 434-3150	Children 6 weeks to 12 years of age	Childcare needs	Childcare and elementary education Mon–Fri: 6-6	CYFD accepted

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Circle of Friends	3005 N. White Sands Blvd. Phone: 434-8338	Children 2 to 6 years of age	Childcare needs	Childcare Mon–Fri: 6:30-5:30	CYFD accepted
Cornerstone Preschool	2201 15 th Street Phone: 434-0106	Children 3 to 5 years of age	Elementary education/ Childcare needs	Our preschool schedule follows the Alamogordo Public School (APS) calendar -- we are only open while school is in session and closed during the summer months. Mon– Fri: 8-3:30 (August thru May only)	
Full House CDC	1815 N. Florida Phone: 434-9553	Children 6 weeks to 12 years of age	Elementary education/ Childcare needs	Infant & toddler, Preschool, Pre-K and Before & After School programs Mon–Fri: 6:30-6	CYFD accepted
HELP New Mexico CDC	1800 E. First Street Alamogordo Phone: 434-6313 8 Baca Road La Luz Phone: 437-4485 604 2 nd Street Tularosa Phone: 585-4818	Children age 3 to 5 years of age	Childcare & elementary education	Childcare for preschool age children enrolled in our Head Start or Pre-K programs. Mon–Fri: 8-4:30	State & Federal CYFD accepted
Holloman AFB CDC West Holloman AFB CDC East	Bldg 650 (by Youth Center) Phone: 572-7551 Bldg 790 (by Base Theater) Phone: 572-7505	Children 6 wks to 5 years of age	Childcare for military & DOD affiliated families	Registered or drop-in childcare Mon–Fri: 6:30-5:30 Part-day Enrichment Program for 3 to 5 year olds Mon– Fri: 8:30-11:30	Subsidized funding accepted

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
House of Angels	1301 N. Florida Phone: 437-3323	Children 6 wks to 6 years of age	Childcare needs	Licensed childcare, Christian curriculum, Preschool and Elementary Education Mon–Fri: 7-5:30	CYFD accepted
Karrousal Preschool and CDC	301 Texas Avenue Phone: 437-7052	Children 6 wks to 12 years of age	Childcare & Preschool	Complete Early Learning	State CYFD accepted
Little Saints Preschool	Father James Hay School 1000 8 th Street Phone: 437-2199	Children 3 to 5 years of age	Preschool program	Preschool program that follows both APS and non-denominational Christian education. Mon – Fri: 8 am to 3 pm	CYFD accepted
St. John’s Day School	505 11 th Street Phone: 434-2755	Children 2 to 6 years of age	Preschool and daycare	Preschool & extended daycare Mon–Fri: 6-6	
Teaching Our Children CDC	211 N. Florida Phone: 437-6055	Children 6 weeks to 12 years of age	Child Development	Before & after school program, Pre-K Mon–Fri: 6:30-6:30	CYFD accepted
Tiny Tots CDC	1600 Indian Wells Phone: 437-2213	Children 6 months to 12 years of age	Child Development	Preschool program Mon–Sat: 6am to 1am	CYFD accepted
Zia Therapy Center www.ziatherapy.org	900 First Street Phone: 439-4900 Fax: 439-4990	Children 6 weeks to 5 years of age	Preschool based childcare program	Childcare for families & teen mothers. Infant & Toddler Program Mon–Fri: 7-5:30 2-5 Year Old Program Mon–Fri: 6:30-6	CYFD/parent fees

VI. Youth Services

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
4-H	401 Fairgrounds Road Phone:437-0231	Ages 6-19	Youth development	Learn by doing projects, leadership development	State, Federal, and various grants
Alamogordo Public Schools www.aps4kids.org	1211 Hawaii Avenue Phone: 812-6000	Pre-K – 12	Education	Provide educational programs, after school programs	
Academy del Sol Graduation, Reality, And Dual Skills (GRADS) Housed in Academy del Sol	1200 N. Florida Avenue Phone: 812-5500	High School students at risk Pregnant or parenting teens	Education Keeping at risk teens in school and recruiting dropouts	Alternative High School for students at risk Help at risk youth get the services – i.e. housing and ISD, counseling, job training, pregnancy prevention (2 nd pregnancy), parenting education, employability skills development, child care, and relationship violence.	State and federal (Carl Perkins and TANF).
Big Brothers Big Sisters (BBBS) of Otero County www.bbbs-otero.org	1211 E 10 th Street Phone: 434-3388	Youth who need positive role models.	Youth development	BBBS offers two types of mentoring programs: Community-based volunteers spend two to four hours with their Littles two to four times a month. Site-based volunteers meet with their Littles only at school for one hour once a week during the school year.	State and donations

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Boys and Girls Clubs of Otero County www.bgcotero.org	201 Dale Scott Avenue Phone: 437-3788	Youth 5 to 18 years of age	Youth development	Developing youth through prevention education, recreation, and community service. Office Hours: Mon–Fri: 8:30 to 2:30 After school: Mon–Fri: 2:30 to 6	Diverse funding sources
Boy Scouts	Phone: 434-0116 (Janet)	Boys of all ages	Youth development	Informal education and community service	Contributions, grants, , membership fees, and campaigns.
CAPPED, Inc.	907 New York Avenue Phone: 575-434-4673 Fax: 575-434-1177 Email: Dixie@capped.org	Pre-school, kindergarten, 1 st -3 rd grades	Cancer prevention and health promotion	CAPPED Sun Safe Program – curriculum promoting sun safety and health promotion. Programs presented through group assemblies.	Grants, community contributions, memorials and other fundraising activities
CASA (Court Appointed Special Advocates)	712 9 th Street Phone: 443-1086	Children of Lincoln & Otero Counties	Advocacy	Court appointed volunteers who speak for the children in court. Call for assistance Mon-Fri: 8-5	
CATCH (Coordinated Approach Toward Child Health)	700 E. First Street, Ste 720 Phone: 443-8100	K-5 th grades	Nutrition and Fitness	Curriculum promoting good nutrition and increased physical activity	Funded through NM DOH Chronic Disease Prevention and Control
Child Care Bureau www.nmkids.org	2200 Indian Wells Road Phone: 434-9770 or 439-1730	Residents of Lincoln & Otero Counties	Daycare costs for eligible clients	Reimbursement to providers on behalf of eligible clients.	State & Federal
Child Care Licensing Bureau www.nmkids.org	760 N. Motel Blvd., Ste B Las Cruces, NM 88004 Phone: 575-373-6609 Toll Free: 1-877-533-0198	Childcare Providers	State licensing & complaints	Assures that childcare facilities (centers or private homes) are in compliance with state regulations.	

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Children In Need of Services (CHINS), Inc. 501 24 th Street otec@chins1.com	Phone: 575-434-3011 Toll Free: 1-866-434-9588	Youth and Adults	Counseling	Services to at-risk youth and families, counseling, play therapy and play groups, case management, and referral to health/social programs.	Combined: CYFD, PDNHF, TUPAC, grants and donations
	Cell: 575-491-3595		Tobacco Prevention and Education (TUPAC)	Education on tobacco issues, prevention and cessation.	
	Phone/Fax: 575-434-9588	Home-based childcare providers	Provider support (CACFP)	Reimbursement to providers for meals served.	
Cloudcroft Municipal Schools www.cmsbears.org	Phone: 682-2361	Pre-K – 12	Education	Provide educational programs, after school programs	
Community Action	700 E. 1 st Street, Ste. 755 Phone: 437-1364	County residents	Financial assistance	Provides rental, mortgage, utility, and prescription assistance. Weatherization program: 800- 657-8967, ext 159	Federal
CYFD/Protective Services	2200 Indian Wells Road Phone: 434-5950	At-risk children, families and adults	Abuse/neglect and related issues	Information and referral; abuse/ neglect investigations; abuse/neglect legal services; foster care and adoptions; family preservation services; voluntary family services; etc.	State agency
D.A.R.E. (Drug Abuse Resistance Education) www.dare.com		Children	Resist drugs and violence	Help recognize and resist the pressures that may influence youth to experiment with tobacco, alcohol, marijuana, inhalants or other drugs.	
NM Work Force Connection	901 Alaska Avenue Phone: 437-9210	Adults	Business and job seekers	Provides business outreach and employment services.	Federal (and others)

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Division of Vocational Rehabilitation www.dvrgetsjobs.com	2300 Indian Wells Road Phone: 437-6550	Individuals (adults) with permanent disabilities	Employment/Self- sufficiency	To help individuals sustain self- sufficiency by providing vocational evaluation, training, support services, job placement assistance, guidance and counseling, and post employment services.	Federal & State
Girl Scouts-Zia Council www.zia.org	1012 Oregon Avenue Phone: 437-2921	Girls 5 to 17 years of age	Youth development/Youth Issues	World's preeminent organization dedicated solely to girls. Informal education and community service	Individual donations, cookie and nut programs.
Imago Dei Academy www.imagodeiacademy.net	1100 Michigan Avenue Alamogordo, NM 88310 Phone: 575.434.3903	Grades K-8 (offering 9 th grade in the fall of 2009)	Classical Christian school	Provide educational programs for grades K-8	
Juvenile Drug Court	211 E. First Street Phone: 437-3714 613 Sudderth Drive Ruidoso, NM 88345 Phone: 257-0529	Teens (under 18 years of age)	Substance abuse intervention and treatment. Legal referral required.	Provides services for youth in the court system for substance abuse. Intervention includes individual, group, and family therapy.	Combined: Federal and State
Juvenile Probation/Parole Office (JPPO)	2200 Indian Wells Rd., Ste. B Phone: 575.437-0420	At-risk youth up to 21 years of age (as long as the offense happened prior to 18)	Juvenile delinquency and related issues	Information, referral and court- ordered supervision. Mon-Fri: 8am – 5pm	State
La Vida www.nmkids.org	700 E. First Street, Ste. 765 Phone: 434-4795	Childcare providers and parents of birth to school-age children.	Training for any child care provider	Training for licensing and information about continuing education.	State

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Legacy Christian Academy	1206 Greenwood Lane lcaalamogordo@qwestoffice.net	K-12 Christian school curricula; before/after school day care for K-4	Education	Provide educational programs, after school programs	
NM School for the Blind and Visually Impaired (NMSBVI) www.nmsbvi.k12.nm.us/	1900 N. White Sands Blvd. Phone: 437-3505	NM youth with visual impairments	Educational opportunities	Residential K-12 education for those with visual impairment, including developmental disabilities	
Otero County Extension Service http://oteroextension.nmsu.edu	401 Fairgrounds Road Phone: 437-0231	County residents	Education	Educational information for all ages, including Baby's First Wish Newsletter and parenting education, 4-H, nutrition, gardening, and commercial agriculture. Mon-Fri: 8-12/1-5	Federal, County, State, and various grants
Otero PATH/Peer PATH	700 E. First Street, Ste 720 Phone: 437-2460	County residents	Teen risk behaviors	The mission of Otero PATH is to work with the community to address a variety of health issues and concerns, thus improving the health status of Otero County residents.	Department of Health, Con Alma, Paso del Norte, Board of Health
Public Housing Authority http://ci.alamogordo.nm.us/coa/Public_Housing_Authority.htm	Alicia Rios, Operations Mgr Michelle Richhart, Property Mgmt. Coordinator Barbara Jenkins, Home-ownership Coordinator	Families with up to 80% area median income	Housing, however emergency services are not available due to the nature of the HUD application processing requirements.	Low Income Rental Assistance Program: rental housing based on income.	HUD grant, rental subsidy and rental income
		Families with up to 80% area median income	Housing	Home Ownership Assistance Program: lease/purchase program with the goal of home ownership.	Self sustaining program

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
		Families with up to 50% area median income	Upgrading primary residences	Owner Occupied Rehabilitation Program: rehabilitating homes by bringing them up to code.	Gant application submitted yearly to MFA
Tularosa Municipal Schools www.aps4kids.org	504 First Street Tularosa, NM 88352 Phone: 585-8800	Pre-K – 12	Education	Provide educational programs, after school programs & paying preschool.	
Otero County Youth Empowerment Association (YEA) www.oteropath.com	700 E. First Street PO Box 1912 Phone: 437-2460 or call: 491-4464	12 to 18 years of age	Youth Development Coordination	Coordination of youth, development through “Assets” and community service, mini-grants for local groups Mon-Fri: 8:30-4	Paso del Norte Health Foundation (PDNHF)

**VII. Adult Life Cycle Services
(and Services that cut across all populations)**

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Adult Drug Court	211 E. First Street Phone: 437-3714	Adults (18-35 years of age.)	Substance abuse intervention and treatment. Legal referral required.	Provides services for adults in the court system for substance abuse. Intervention includes individual, group, and family therapy.	Combined: Federal and State
Aging and Disability Resource Center	2550 Cerrillos Road Santa Fe, NM 87505 505.476.4846 Fax: 505.476.4710 1.800.432.2080	Seniors and adults with disabilities	Our goal is to provide New Mexicans with one place to call or visit for personal guidance and access to services	Adult Protective Services Intake, Benefits Counseling (Medicare, Medicaid, Social Security, etc.), D&E and MI VIA Waiver, prescription drug assistance, community services, housing/facility inquiries, and caregiver support	

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Airman & Family Readiness Center	850 First Street (Bldg 40) Holloman AFB, NM 88330 575.572.7754	Airmen and families	Support of airmen and their families	Readiness, personal financial management, relocation assistance, transition assistance, Air Force Aid Society, career focus, family life skills, schools liaison, volunteer resource, family services, military family life consultant, and discovery resource center	
Alamogordo Cross Disability Council	Phone: 443-9065 or call: 434-4865	County residents with disabilities	Community awareness and accessibility	Information, referral, and advocacy for those with disabilities	
Alamo Senior Center http://ci.alamogordo.nm.us/coa/communityservices/asc.htm	2201 Puerto Rico Avenue Phone: 439-4150 or call: 439-4152	Anyone 60 years of age or older and their spouses (regardless of age). Associate memberships are available to those 50-59 years of age.	A social environment providing: recreation, education, nutrition, support and entertainment for elderly persons.	Programs offered include: congregate meals, meals on wheels, homemaker and respite services, assisted transportation, shopping, Senior Olympics and more. Mon-Fri: 8-5 Meals are served 11-1	Federal, State, Local, & Program Income (donations)
American Cancer Society (ACS)	2699 North Scenic Drive Otero County Unit President Vicki(e) Clark: 575-437-1327 Cell 575-430-8597 Toll Free: 800-227-2345	Southwest NM Region	Cancer education through research, education, early detection, prevention, advocacy, patient and family support, services and programs	Providing cancer patients and their families with support and education concerning cancer issues. Services include: Reach To Recovery, Look Good Feel Better. Meetings are held monthly on the second Tuesday in CHINS conference room, 501 24th St., Alamogordo	American Cancer Society sponsored/funded

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
American Red Cross	Phone: 888-922-2631	County residents	Emergency aid and assistance	Emergency aid to victims of fires/other natural disasters; training related to health and safety (first aid, CPR, lifeguarding, etc)".	
The Aristocrat Assisted Living Center www.aristocratlivinglc.com	252 Robert H. Bradley Dr. Phone: 437-3020	Adults	Assisted living facilities	Supportive care in a homelike atmosphere for individuals who need assistance in maintaining their daily living needs, such as: dressing, bathing, grooming, ambulation, special diets, and medication reminders.	NM Disabled and Elderly Waiver Program, insurance, and private-pay
Balanced Health 101 www.BalancedHealth101.com	Susan M. Poore, R.N., C.N.C. 901 Delaware Avenue 575.491.5036	Adults, Teens, Children	Nutritional Consultations, Stress Management, Life Coach, Weight Loss Coach, Reflexologist	By appointment only from 7:30 am - 5:30 pm. Mon - Fri and some Saturdays. Office doors open 10:30 am – 5 pm	Private Pay (very reasonable fees). 10% off for physician referrals
BeeHive Homes	1106 San Cristo Alamogordo, NM 88310 Phone: 437-9001	Adults	Senior living in a residential setting	Quality senior living in a residential setting.	
Cancer Resource Center	2689 North Scenic Drive: Vivian Smith, 575-439-7681	Southwest NM Region	Patient and family support, services and programs	Cancer Resource Center distributes wigs and offers free styling, breast prosthesis, and bras fitted by trained and certified volunteers. Scarves, hats, turbans, etc. Mon. & Tues: 2-5 pm Wed. & Thur: 9 am - 12 pm	American Cancer Society sponsored/ funded

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
CAPPED, Inc.	907 N. New York Avenue Phone: 575-434-4673 Fax: 575-434-1177 Email: Dixie@capped.org	Cancer patients and their loved ones. All ages served.	Cancer information, patient navigation and support services.	Walk-in Cancer Service Center with one to one support open Mon-Fri 10 am - 1 pm or by appt offering free services including: Mammography program, NM MedBank registration, Angel Fund, Angel Flight registration, Casen Therapy Dolls, hats, wigs, scarves, computer learning center, cancer and wellness library, Whole Food Nutrition Classes, and community outreach. Education, support, and advocacy services. CAPPED Labyrinth and trained peer support facilitators.	Grants, community contributions, memorials and other fundraising activities
Casa Arena Blanca Nursing Center	205 Moonglow Avenue Phone: 434-4510	Elderly & long term illness patients	Long term care	Offers physical, occupational, and speech therapies, 24 hour inpatient services.	
CHINS otec@chins1.com	501 24 th Street Phone: 575-434-3011 cell: 575-491-3595	Youth and Adults	Counseling Tobacco Prevention and Education (TUPAC)	Services to at risk youth and families Cessation classes, Tobacco education	Combined: CYFD, PDNHF, TUPAC, grants and donations
COPE (Center of Protective Environment)	909 S. Florida Avenue Phone: 434-3622 Crisis Line: 437-2673	Residents of Otero County	Domestic violence intervention	Information & referral through 24 hr. crisis phone line, shelter services for victims of domestic violence & their children, counseling.	

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
CYFD/Protective Services	2200 Indian Wells Road Phone: 434-5950	At-Risk children, families and adults	Abuse/neglect and related issues	Information and referral; abuse/neglect investigations; abuse/neglect legal services; foster care and adoptions; family preservation services; voluntary family services; etc.	State
Department of Labor, NM	901 Alaska Avenue Phone: 437-9210	Residents of Otero County	Job placement services	Job referral placements, job work shops, WIA training, Veterans programs	State
Disability Resource Center	700 First Street, Ste 772 Phone: 439-1112	Individuals with docu- mented disabilities	Education and resource information	Provides information about community resources and support for people with disabilities. Mon-Fri: 9-3	ILRC, Albuquerque
Division of Vocational Rehabilitation	2300 Indian Wells Road Phone: 437-6550	Individuals (HS seniors and adults) with permanent disabilities	Self-sufficiency	Provides training, job assist- ance, education assistance to help individuals sustain self- sufficiency. Mon-Fri: 8-12/1-5	State
NM Commission for the Blind www.cfb.state.nm.us	408 N. New York Avenue Phone: 437-0401	NM residents with visual impairments	Coping with visual problems	Blind skill education including mobility and Braille.	State
Economic Development Council (Otero County) www.ocedc.com	1301 N. White Sands Blvd. Phone: 434-5882	Business owners and families	Childcare	Provides tax incentives for businesses that help pay for employee childcare	County
Holloman AFB Casualty Assistance/Survivor Benefit Plan Representative	Phone: 572-7508	Active duty & retirees	Survivor benefits	Casualty assistance for military survivor benefit plan.	

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Holloman AFB Sexual Assault Response Team	Phone: 572-6789	Active duty, family members, DoD civilians, & retirees	Victim assistance	Assistance for victims of sexual assault and their family members; information, victim advocate services, referrals for counseling, medical treatment or other needed services. Available 24/7	
NM Workforce Solutions www.dol.state.nm.us	509 E 10 th Street Phone: 443-6196	Residents of Otero County	Work program	Designed to help families become self-supporting through work.	
Opportunity Center, The	873 Wright Avenue PO Box 652 Phone: 437-0919	Adults with developmental disabilities	Coping with day-to-day activities	Education and training support for individuals so they can function independently in the community and in the home.	
Otero County Extension Service http://oteroextension.nmsu.edu	401 Fairgrounds Road Phone: 437-0231	County residents	Education	Educational information for all ages, including Baby's First Wish Newsletter and parenting education, 4-H, nutrition, gardening, and commercial agriculture. Mon-Fri: 8-12/1-5	Federal, County, State, and various grants
Otero County Habitat for Humanity Home Improvement Outlet	1318 14 th Street Phone: 437-6562 1109 10 th Street Phone: 437-0160	Low income families	Housing	Help families (25-50% median) build & purchase their own home	
Public Housing Authority	104 Avenida Amigos Phone: 437-5621	City of Alamogordo low income	Housing	Low rent subdivisions based on income, home ownership program.	
Regency Retirement Community	3001 N. Florida Avenue Phone: 434-3000	Senior citizens 62 and over	Housing for seniors	Offers active seniors a carefree way to live. Apartments with nurses call systems in bath & bedrooms.	

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
<p>S.A.N.E. (Sexual Assault Survivor Support Group and Network)</p> <p>2669 N. Scenic Drive</p>	<p>Godby-Ware, Tina, RN, BSN</p> <p>Phone: 430-9485</p>	Victims of sexual assault	Medical/Forensic exams	FREE 24/7hour on-call services include: physical assessments, collection of forensic evidence, pregnancy testing, preventive medicines for pregnancy and/or STDs, crisis counselor available	Grant funded
		Survivors, their family and friends	Support group	Group meets every Monday at 6:30 pm in Room 18 at Bethel Baptist Church, 1316 Scenic Drive	
Sacramento Mountains Senior Services	212 Glorietta Avenue Cloudcroft, NM 88317 Phone: 682-3022	Senior citizens Sacramento Mountains	Senior services	Provide seniors with a variety of services that will allow them to live healthier, happier and more independently.	
The Salvation Army	1900 First Street Phone: 443-0845	Residents of Otero County	Emergency services	Social welfare agency providing emergency services, primarily food assistance. Food pantry hours: Tues-Fri, 10-12/1-4	
Singles of Otero County	Phone: 437-4035 (Frank) Or call: 437-5434 (Diane)	Single adults, 18 years of age and over	Mental health and quality of life	Social network and activities for single adults in surrounding area. (Potlucks, movie nights, dances, picnics, hikes, etc.)	Funded by members
Southern NM Diabetes Outreach	Mt View Regional Medical Center, Las Cruces Phone: 522-0289	All of southern NM	Diabetes outreach	Free of charge: diabetes screening, classes, presentations, support groups	
Walk Otero	700 E. First Street Phone: 437-2460	All residents	Fitness	Promote walking for exercise	Grant funded
Z-Trans (Zia Therapy Center) www.ziatherapy.org	900 First Street Phone: 439-4900	County residents	Transportation	Z-Trans public transportation, as well as vans dedicated to service the disabled.	DOT, County & City

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Zia Therapy Center www.ziatherapy.org	900 First Street Phone: 439-4900	Persons with developmental disabilities	Developmental Disabilities	Assisting individuals to function as independently as possible through training and education	Medicare, Medicaid, DOH
Zia Therapy Center, Inc. www.ziatherapy.org	900 First Street Phone: 439-4900 renee@ziatherapy.org	Persons with developmental disabilities	Developmental Disabilities	Employment opportunities available to community members with disabilities; introduce potential employees to potential employers.	

VIII. Wellness & Fitness Services

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Aerobics Club	700 First Street Rmf44@msn.com		Health and fitness	Aerobics exercise	Monthly fee; no contracts
Alamogordo Family Recreation Center	1100 Oregon Avenue Phone: 439-4142	County residents	Health and fitness education	Variety of recreation equipment and classes, swimming pool	
Balanced Health 101 www.BalancedHealth101.com	Susan M. Poore, R.N., C.N.C. 901 Delaware Avenue 575.491.5036	Adults, Teens, Children	Nutritional Consultations, Stress Management, Life Coach, Weight Loss Coach, Reflexologist	By appointment only from 7:30 am - 5:30 pm. Mon - Fri and some Saturdays. Office doors open 10:30 am – 5 pm	Private Pay (very reasonable fees). 10% off for physician referrals
CAPPED, Inc.	907 New York Avenue Phone: 575-434-4673 Fax: 575-434-1177 Email: Dixie@capped.org	Youth and adults	Nutrition, stress, cancer screening, health promotion	Communication education presentations: Whole Foods cooking classes, musical stress reduction sessions, various cancer screening and information presentations, and integrative health care program	Grants, community contributions, memorials and other fundraising

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Curves www.curves.com	1701 E 10 th Street Phone: 434-1818 1216 Mechem Drive, Suite 6 Ruidoso, NM 88345 Phone: 258-1111	Women	Health and fitness	Fitness and exercise Mon-Fri: 5:45-1:30/3:30-7 Sat 8-10am	Membership dues
Alamogordo Physical Therapy & Wellness Center 1401 E. 10 th Street	Phone: 437-3351	County residents	Health and fitness education	Variety of recreation equipment and classes, swimming pool Mon-Fri: 6am-7pm	
HAFB Health and Wellness Center	Phone: 572-3229	Department of Defense employees and dependants	Health and fitness education	Exercise prescription, nutrition counseling, tobacco cessation, and weight loss counseling	
Premier Fitness www.premierfitness.com	2360 Indian Wells Road Phone: 439-1400	Adults 35-55 years of age (but we have members as young as 12 yrs. & older than 75 yrs; 82% female membership	Weight loss, toning, strength training, health promotion & injury prevention.	Super shape weight loss classes, personal training, aerobics & toning classes, free fitness instruction with membership	Membership dues

IX. Food & Clothing Services

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Angel Food Ministries	Immanuel Baptist Church 1107 Adams (2 blks behind Goodwill)	All	Nutritious food at savings	Food provided at discount.	Accept food stamps (EBT), checks and cash.
Calvary Baptist Church	1200 Indian Wells Phone: 437-0110	Local area residents	Clothing	Free clothes: Tues & Thu, 2-4 pm	Donations

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Church of Christ	1300 Cuba Avenue Phone: 437-4795	Local area residents	Food	Food pantry: Mon & Fri: 10-11:30 am	Donations
First Assembly	801 10 th Street Phone: 437-8922, ext 101	Local area residents	Food	Food Pantry: Mon: 9 to noon	General Fund & donations
Grace United Methodist Church	16 th Street & Cuba Avenue Phone: 437-7640	Local area residents	Community meals for those in need in Alamogordo (congregate-style)	Meals served: Saturdays from 11-1:30	
House of Prayer	601 Delaware Phone: 575-437-7880		Community meals for those in need in Alamogordo (congregate-style)	Monday – Friday 5:30 am to 1pm	
Love, Inc. (Love in the Name of Christ)	Pastor Jeff May, Calvary Baptist: 437 0110			"Inventory" the individual resources available among the churches, then when individuals are referred to Love, Inc., the administrator investigates the background of the applicant, then reviews the resources to see the best match. Sometimes it might be food, or furniture, or appliances, or clothing.	Donations
Our Savior Lutheran Church	1212 Washington Avenue Phone: 437-2970	Local area residents	Variety	Helping Hands Program: vouchers for food, rent, gas, and car gasoline	
Primera Iglesia Bautista	1711 Ocotillo Drive Phone: 434-8650	Local area residents	Food & Clothing	Food/Clothing Pantry: Wed: 9-1	

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
St. John's Episcopal Church	1114 Indiana Avenue Phone: 437-3891	Anyone welcome	Community meals for those in need in Alamogordo (congregate-style)	Meals served: Tue & Thu: 5-6 pm	Donations & volunteers
Tularosa United Methodist Church	107 Granado Street Phone: 585-2314	Local area residents	Food	Food Pantry: Thursdays 9-11 am	Contributions
Wesley United Methodist Church	101 Dale Scott Road Phone: 437-5054	Local area residents	Food & Clothing	Pantries are open: Monday's 9 to noon	

X. Support Groups

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
ADD/ADHD	Phone: 442-2271		Attention deficit disorder/attention deficit hyperactivity disorder	Meets at 6 pm, Alamogordo Public Library, 3 rd Wednesday of the month	
Alamo AA Home Group	Phone: 434-3965			Meets at 2721 N. Florida at 7:30 am for open book study; noon, smoking, open meeting; 5:30 pm, open meeting, Monday through Saturday	
Alamogordo Cancer Support Group	Vester Campbell at 437-6928 or Vicki Clark at 437-1327	Newly diagnosed cancer patients are encouraged to join	Information, education and sharing are offered with patients who are currently in treatment. Cancer survivors also assist members.	Meets on 4 th Thursday of each month at 6:30 pm at Alamogordo Church, 2826 Indian Wells Road.	

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Alamogordo La Leche League	Elva at 443-4408	All mothers who are breastfeeding or considering it			
Alamogordo Low Vision/Blind Support Group	Peggy Cowgill at 439-1112			Meets 2 nd Tuesday from 10-11 am at Alamo Senior Center	
Al-Anon New Day Group	Phone: 437-6671		Alcohol/drugs	Meets at noon on Thursdays at Our Savior Lutheran Church, 1212 Washington Avenue	
Al-Anon: One Day At a Time	Phone: 437-6671	All caregivers, families, friends and loved ones of Alzheimer's patients	Alcohol/drugs	Regular meeting is 8 pm Thursdays at Bethel Baptist Church	
Al-Anon Tuesday Evening Beginner's Group	Phone: 437-6671		Alcohol/drugs	Meets at 7 pm at Grace United Methodist Church	
Al-Anon 12-Step Program Group	Phone: 437-6671		Alcohol/drugs	Meeting is at 8 pm on Mondays at Bethel Baptist Church	
Alcoholics Anonymous	Hotline: 430-9502				
Alcoholics Anonymous "Creator is Higher Power"	Phone: Paul C. at 921-2344			Meets 7 pm Thursdays. No smoking. Call for meeting location	
Alcoholics Anonymous "The Wild Bunch"	Phone: 437-0454			Meets at 7:30 pm Wednesdays at 1993 N. White Sands Blvd. Smokers are welcome	

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Alzheimer's Evening Support Group	Phone: 434-4510			Meets 7 pm on 2 nd Tuesday at Casa Arena Blanca Nursing Center	
American Cancer Society	Phone: 800-ACS-2345				
Autism Support Group	Contact: Chinda2001@aol.com				
CAPPED, Inc.	907 New York Avenue Phone: 575-434-4673 Fax: 575-434-1177 Email: Dixie@capped.org	Cancer patients and their loved ones. All ages served.	Support for cancer patients and their loved ones.	One to one support with trained cancer support facilitator. Cancer matching – allows you to meet and speak with others with same condition. Caregiver support – allows you to meet with other caregivers.	Grants, community contributions, memorials and other fundraising
Care for the Caregiver	Phyllis McCarty at 437-5256 Thea Gaudette at 437-5668	Phone support for those who take care of loved ones at hme			
Celebrate Recovery	Phone: Iron Heart Pinkney at 492-3544 or First Baptist Church office at 437-5510	Nonprofit support group	Alcohol/drugs	Meets every Friday at 6 pm at annex behind First Baptist Church on 11st St. & Michigan. Following the meal (\$2.50) is a worship service, and then groups separate by gender	

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Cloudcroft Al-Anon Family Group	Phone: 437-6671		Alcohol/drugs	Meets at 6 pm Sundays at Sacramento Mountain Senior Center at the end of Glorietta Avenue in Cloudcroft	
Cloudcroft Group			Alcohol	Meets on Sundays, Tuesdays & Wednesdays at 6 pm at senior citizens center. Women's mtgs are Thursdays at 6:30 pm at senior citizens center	
Co-Dependents Anonymous	Phone: 808-2959		Alcohol/drugs	Meets Thursdays at 6:45 pm in Ruidoso. For more information and location, call	
C.O.P.D.	Toni at 437-0202	Anyone who has asthma, chronic bronchitis or emphysema, or who is using oxygen	Discuss how to obtain a better quality of life with respiratory disease and given patient information handouts	Meets at 10 am on 2 nd Friday of every month at Gerald Champion Regional Medical Center in privater dining room	
Crystal Meth Anonymous	Phone: Ken at 442-5668	Tweakless in Alamo Came to Believe Group, 12-step recovery from meth addiction	Meth addiction	Meets at 7 pm Thursday and Sunday nights at Wright House, 850 Wright Avenue, in bldg north of the parking lot	
Diabetes Success Group	Phone: 437-2460			Meets 1 st Monday at 1 pm at Otero PATH office	
Diabetes Support Group	Phone: Connie Doss, RN, at 443-7886	Meetings are open to those who have diabetes, family members or caregivers		Meets 3 pm on 3 rd Tuesday in Conf. Rm. 1 at Gerald Champion Regional Medical Center	

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Disability Support Group	Phone: 439-4150			Meets the 2 nd Thursday of each month from 9-10:45 am in classroom 2 at Alamo Senior Center	
Gastroenterology of Alamogordo 923 9 th Street, Suite A	Mueller, Juergen, MD Harris, Carla, FNPC Phone: 437-2448	13 years of age and over	Gastroenterology	We have a Hepatitis-C support group which meets Mon: 6:30pm – 7:30pm.	
Gluten Free Diet Support Group	Kathie at 437-0603 Robin at 442-9419 Margie at 437-5474	Celiac or gluten-intolerant individuals	Healing ourselves, ending our social isolation through support and education.	Meets on Sundays, conference room of the ERA-Simmons Real Estate, 918 Tenth Street, Alamogordo, from 2-3:30 p.m.	
Hepatitis C Support Group	Trish Cedillos, RN, at 437-2448 or Fernie Sanchez at 437-0024			Meets every Monday 6:30-7:30 pm at Gerald Champion Regional Medical Center, conference rooms	
Mutual Support Group for Parents	DeAndra: 446-6036 Maria: 437-8942 or 446-6678 CHINS: 434-3011	Parents	Support group for parents who have CYFD or law enforcement involvement with their family	Every Wednesday from 6:00-7:00 pm at CHINS, 501 24 th Street	
Narcotics Anonymous: A New Life Group			Narcotics	Meets at First Christian Church, 2300 23 rd St., at 8 pm on Fridays for an open beginners candlelight meeting; Tuesdays & Thursdays at 8 pm, open meetings; and Sundays at 6 pm, closed meetings	

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Narcotics Anonymous: Desert Recovery	Contact: Fernie S. at 437-0024		Narcotics	Meets every Monday from 5:30-6:30 pm and Saturday from 7-8 pm in Conf. Room 1 at Gerald Champion Regional Medical Center. Meetings are open & are non-smoking	
New Life AA Group	Phone: Mack at 585-9846 or Larry at 585-2922			Meets 7 pm Mondays & Fridays in Tularosa at Community Center. These are open, non-smoking meetings. Enter at the north side of bldg.	
Overeaters Anonymous	Phone: 437-3761		Overeating	Meets: 7 pm Tuesdays, Grace United Methodist Church, 16 th Street & Cuba Avenue 7:30 pm Fridays, First Presbyterian Church, 1318 14 th Street 6:45 pm Thursdays at Bethel Baptist on Scenic Drive	
P-FLAG	Phone: 437-2339	Parents, friends and family of lesbians and gays		Meets second Tuesday of the month at 7 pm at 511 Canal Street for potluck dinner	
People Living Through Cancer	Phone: 888-441-4439				

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
<p>S.A.N.E. (Sexual Assault Survivor Support Group and Network)</p> <p>2669 N. Scenic Drive</p>	<p>Godby-Ware, Tina, RN, BSN</p> <p>Phone: 430-9485</p>	<p>Survivors, their family and friends</p>	<p>Support group</p>	<p>Group meets every Monday at 6:30 pm in Room 18 at Bethel Baptist Church, 1316 Scenic Drive</p>	
<p>Serenity AA</p>	<p>Phone: 434-1671</p>			<p>Meets at 789 Granada Center. All Serenity group meetings are open & non- smoking. Meets Monday through Friday at 12 noon and 8 pm. Women's meetings are Saturdays at 3:30 pm & 8 pm. Sundays meetings are at 1 pm & 6:30 pm. Also on Sundays, 8 pm is Spanish speaking</p>	
<p>Trinity Site AA</p>	<p>Phone: 439-0143</p>	<p>Alcoholics only</p>		<p>Closed, non-smoking meeting for alcoholics only at 8 pm Mondays at Lions Club, near Toy Train Depot, for Big Book study. Thursdays at 8 pm are closed meetings at Bethel Baptist Church</p>	
<p>Type One Families United Network</p>	<p>Phone: Leticia Ortega at 434-4123</p>	<p>For children and teens living with type one diabetes and their families to learn and network.</p>	<p>The goal of the group is to establish support for the families living with this chronic disease</p>	<p>For more information for the next outing or event or if your child has just been diagnosed, we are here for them. Call Leticia Ortega</p>	

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Violence Prevention C.O.P.E. 909 S. Florida Avenue	Phone: 434-362	Family & relationship violence prevention program for men & women	Family and relationship violence. Areas of focus include understanding and avoiding abuse and family violence, anger management, communication skills, coping mechanisms, etc.	Weekly daytime and evening group meetings are available at the Center of Protective Environment (C.O.P.E.)	

XI. Transportation

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Angel Flight www.angelflight.org	Phone: 888-426-2643 E-mail: info@angelflight.org	Youth & adult	Non-emergency transportation	Arrange free non-emergency transportation on private aircraft in response to health care and other compelling human needs	
CAPPED, Inc.	907 New York Avenue Phone: 575-434-4673 Fax: 575-434-1177 Email: Dixie@capped.org	Working poor with cancer related health issues	Access to health care for low income individuals for cancer screening, treatments and transportation assistance to reach appropriate health care services	CAPPED Angel Fund provides limited funding for medical exams, diagnostic screenings, treatments, transportation and lodging related to cancer prevention, treatment and support to uninsured and underinsured individuals who qualify financially	Community contributions, memorials and other fundraising
Z-Trans	900 First Street Alamogordo, NM 88310 Phone: 575-439-7971 Email: ztrans@ziatherapy.org	Local area residents	Transportation	Public Transportation	Adult: \$1.00 Student (age 6-18): .50 Seniors (60 & above): .50 Child (under age 6): Free

XII. Alcohol and Substance Abuse Services

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Otero County Public Health Office	1207 8 th Street Alamogordo, NM 88310 575-437-9340	County residents	Health Education	Public health policy development, coalition building, training, and mobilization. Hepatitis C information: www.hcvadvocate.org	
Community Wellness (NMDOH 5) 1170 N. Solano, Ste. N Las Cruces, NM 88001	Contact: Meribeth Hauenstein 575.528.5053	General public		Suboxone program	
Freedom House Recovery Center	P. O. Box 1 Alamogordo, NM 88311 575.551.1771	Adult men	Alcohol and substance abuse	Help addicts find freedom from addiction in a Christian environment	Residents pay \$75/week which covers the cost of the room and provides one hot meal each day
HIV and STD Testing	Otero Public Health Office 1207 E. 8 th Street, Alamogordo 575.437.9340			Mon-Fri: 8:30am – 5pm (closed for lunch 12-1pm)	
Mesilla Valley Hospital	3571 Del Rey Blvd., Las Cruces Phone: 575.373.4477 Sandra.emmanuel@physolutions.com	Adolescents and adults	Adolescents and adults who are seeking treatment for behavioral health issues	Specialized adolescent and adult programs; individualized treatment plans, 24-hour nursing supervision; locked facility; dual diagnosis programs; 12-step programming with on-site AA/NA; Challenge by Choice Ropes Courses; on-site licensed school for adolescents.	Medicaid; most major insurances accepted

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
New Life Recovery House(For Women)	303 Canal Street, Alamogordo N.M. 88310 575-434-8804 Fax: 575-434-8872	Adult Women Only	Residential Recovery House for Adult Women Only	In-House Meetings: AA/Big Book Study-12-Step Study-Bible Class-Art Class-Relapse Prevention, Parenting Classes, Nutrition Class with educator from NMSU, life skills such as cooking and chores of everyday living, and scheduling for all appts. Assist in finding employment and help the clients to learn to be responsible in everyday life: without the use of drugs and alcohol.	
Otero County Council on Alcohol Abuse	850 Wright Avenue Phone: 437-8942	18 years of age and over	Substance abuse counseling	Alcohol and drug addiction counseling, out patient and residential (18 and over)	State, county
Otero County DWI Offenders Supervision	H.R. Prather Program Director 1013 New York Avenue 575-434-8849	Youth	Teen Court: 1 st time offenders – minor crime	Probation officers for DWI offenders, screening	
Otero County DWI Program	Oscar Cereceres, CPI Teen Court Coordinator/ Preventionist 1013 New York 575-443-2943	Youth 13-18	Prevention of DWI	Prevention of DWI in future drivers through prevention, education, and intervention for youth	

Resource (Service or Program)	Contact Information	Target Population	Issue Addressed	Services Provided	Funding Source
Peak Behavioral Health Services, LLC	5065 McNutt Santa Teresa, NM 88008 575.589.3000 Sonya.rue@psysolutions.com	Adolescents 12+ and adults	Psychiatric and substance abuse	Residential treatment services for adolescent male and female ages 12+; acute inpatient treatment for psychiatric and substance abuse for adolescent male and female ages 12+, adults 18+, and active duty military	Assessments are free; insurance billed for services. All commercial insurances, NM Medicaid, TX Medicaid, Medicare
University Behavioral Health	1900 Denver Ave., El Paso, TX Phone: 915.544.4000 Toll free: 800.967.3411	Age 5 and continuing through senior adults	Behavioral health and chemical dependency services	Behavioral health and chemical dependency services beginning at age 5 and continuing through senior adults.	Major insurances; private pay arrangements