

Otero County Diabetes Education and Prevention Collaborative MINUTES



Place

Southern Area Health Education Center
4003 Geothermal Drive, Las Cruces, NM 88011

Date/Time

October 18, 2007
12:00pm



Members Present:

Sue Medina, Raginée Mendoza, Lori Tilman, Sharon Hodges, Al Hodges, Lee Ann Loney, Letty Ortega, Beatriz Favela, Kelly Knight

Introductions:

Lori Tilman opened the meeting with introductions.

Mission Statement

The Otero County Diabetes Education and Prevention Collaborative is committed to improve diabetes awareness and risk factors through healthy nutrition, lifestyles and self-management.



Chair Report

Alamogordo Public Schools:

The group discussed the work on Diabetes education provided to teachers, etc. with the schools. They do good work, but it was felt that more needed to be done. Some teachers are still providing sugary foods and beverages as incentives, and are not fully familiar with the symptoms of Diabetes issues in youth. It was suggested we provide fact sheets to teachers and parents (through PACs, etc.). We should check with Lisa Patch regarding this prior to implementation. Beatriz mentioned that they are doing something similar in Las Cruces schools regarding food allergies.

Walking Groups:

Raginée said that she currently has 7-8 signed up. Lori said that was enough to start a group, and we can continue signing others up for additional groups. Most are women. Raginée said that there are many errors in the data base so they will try sending out letters as well as phone calls. Those signed up can bring their family members along. There is an intern with Ben Archer that will be helping with this as well.

Increase Membership

See action items.

Officer Election:

Letty Ortega was nominated and elected as co-chair. She said her family was also chosen as the ambassador family at the Walk for a Cure in Las Cruces.



Action Item Reports

No reports.



New Business

It was suggested that we include on the meeting agenda a report from Letty on the TOFUN (Type One Families United Network) activities. Connections can be made with this group to the seniors and Lions Club, etc.

Tresa Van Winkle left a message with Lori saying that due to a grant received for the development of the CAPPED Integrated Health Center, she will not be able to be involved in this group for some time.



New Action Items

Sharon will write an article for the Health Happenings column in December about the Diabetes Collaborative and Resource Center.

Research needs to be done on behavioral aspects of Diabetes in youth.

Increase Membership

- Talk to Grace with the Local Collaborative to advertise our meetings.
- Advertise in the paper in Coming Events.
- Develop a flyer to be distributed to library, CMS, Pediatricians offices, etc.
- Use the April Symposium on Aging as a way to advertise our meetings.
- Write a letter to Dr. Miskin inviting him to participate in the Diabetes Collaborative. Offer different options for way he can be involved since he will not likely be able to attend meetings.



Upcoming Events

Kelly mentioned an upcoming Town Hall November 1 in Las Cruces for input to NMSU. This would be a chance to provide input to the University's Diabetes Specialist about what is needed in communities.

The Western Bank Celebration is Saturday. There will be cholesterol screenings and maybe blood sugar screenings.



Meeting Adjournment

Adjournment

Meeting was adjourned by Loi Tilman

Next Meeting
November 15, 2007

